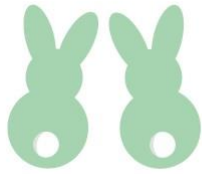


# Happy Bunnies

Where Learning Is Fun

## Week one

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit
Am snack	Fresh fruit	Apple and sultana muffin	Carrot sticks and humous	Healthy fruit flapjacks	Banana on toast
lunch	Cottage pie & fresh vegetables of the day	Creamy Cajun chicken pasta	Roast lamb dinner	Chilli con carne	Homemade fishcakes and garden peas
Pm snack	Rice cakes and cheese	Malt loaf	Yogurt and fruit	Breadsticks and soft cheese	Carrot and cucumber with mint yogurt dip
Light tea	Homemade soup and roll	Tuna and pepper pitta	Beans on toast	Selection of fresh sandwiches Cherry tomatoes	Ham, broccoli and cheese quiche

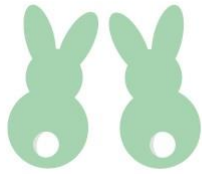


# Happy Bunnies

Where Learning Is Fun

## week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit
Am snack	Fresh fruit and yogurt	Carrot sticks and hummus	fruit snack bars	Rice cakes and cheese	Natural yogurt and blueberries
lunch	Spaghetti bolognese	Chinese chicken and veg noodles	Roast beef dinner	Hot pot & fresh veg	Fish goujons peas and potato wedges
Pm snack	Rice cakes or fruit yogurt	Cheddar and broccoli muffins	Banana and custard	Ginger bread men fresh fruit	Crackers and cheese
Light tea	Mackerel on toast	Bagels and soft cheese with cucumber	Homemade soup and roll	Selection of fresh sandwiches cherry tomatoes	Baked potato and beans

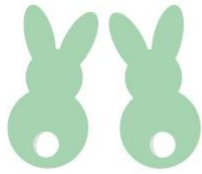


# Happy Bunnies

Where Learning Is Fun

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit
Am snack	Fresh fruit and yogurt	Apple and sultana muffin	Healthy flapjacks	Rice cakes and cheese	Fresh fruit platter
lunch	Lasagne cherry tomato garlic bread	Fish risotto ginger chilli and lime	Roast chicken dinner	Lean turkey burger on a bun sweet potato wedges	Sausage mash and veg
Pm snack	Carrot and cucumber sticks yogurt and mint dip	Cheddar and broccoli muffins	Fresh fruit and yogurt	Breadsticks and cream cheese	Bananas and custard
Light tea	Selection of fresh wraps	Ham and mushroom quiche	Homemade soup and roll	Selection of fresh sandwiches Cucumber and tomato	Baked potato and cheese



# Happy Bunnies

Where Learning Is Fun

## Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit	No sugar cereal Porridge and dried fruit
Am snack	Fresh fruit and yogurt	Apple and sultana muffin	Healthy flapjacks	Rice cakes and cheese	Fresh fruit platter
lunch	Chicken and vegetable casserole	Sweet potato and veg curry with rice	Fish pie Garden peas	Chicken nuggets potato wedges and sweetcorn	Salmon and broccoli pasta bake
Pm snack	Crumpets and jam	Fresh fruit and yogurt	Breadsticks and cream cheese	Toasted teacake	Cherry scone
Light tea	Selection of fresh wraps cucumber and tomato	Baked potato and beans	Homemade soup and roll	Selection of fresh sandwiches Cherry tomato	Scrambled egg wholemeal toast